

CANTÙ 08
10
23



RIDE LIKE
A HERO

EN

EVENT
GUIDE



PERCORRERE. IMPOSSIBILE DA BESTIALE È SEMPLICEMENTE QUESTA SALITA È

The most iconic autumn amateur cycling race is back!
Again this edition it will have as its backdrop the splendid landscapes
of Lake Como and the epic climbs of Muro di Sormano and Madonna
del Ghisallo.

Inside this Event Guide you will find all the useful information
for the Gran Fondo Il Lombardia.

RIDE LIKE A HERO



08/10/2023

START

CORSO EUROPA,
Cantù (CO)

7:30



FINISH

PIAZZA GARIBALDI
Cantù (CO)

109,4 Km
DISTANCE

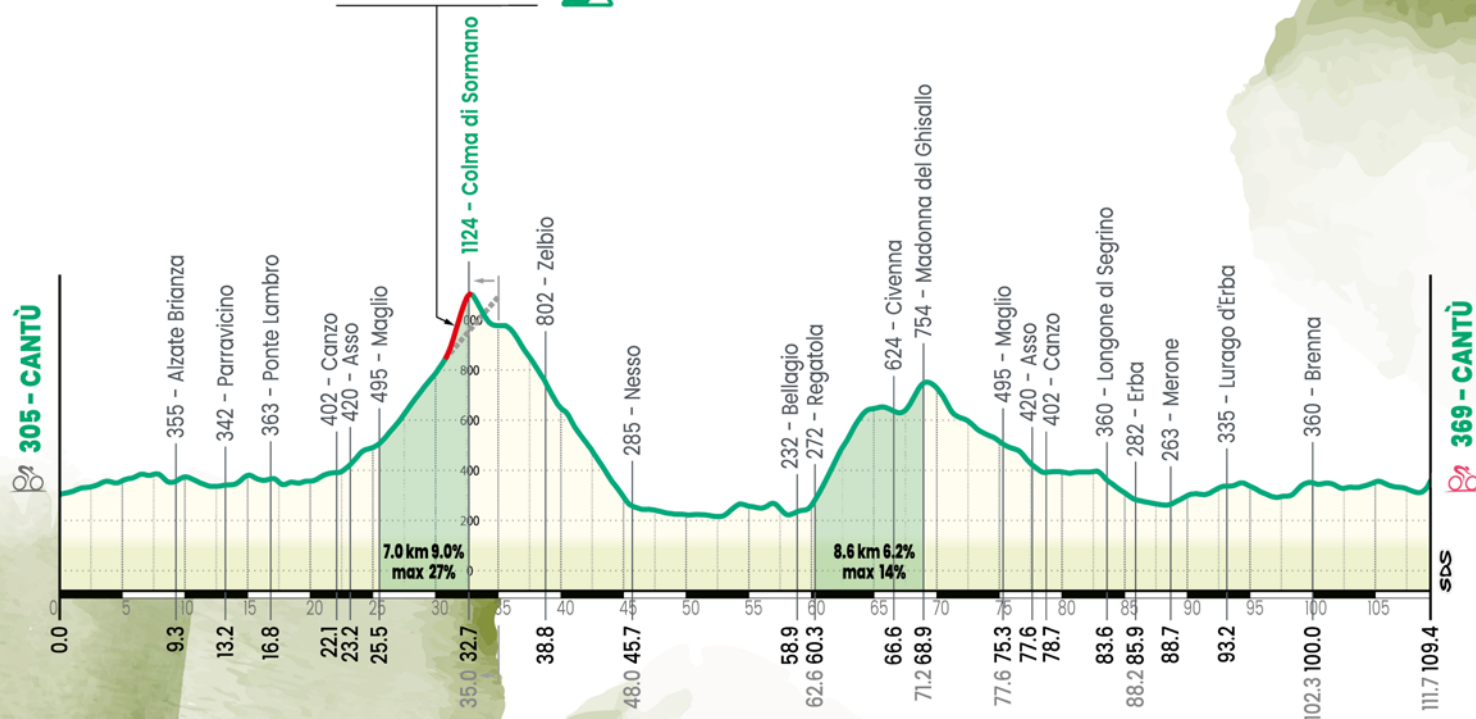
1.700 m
ALTIMETRY

27%
MAX SLOPE GRADIENT

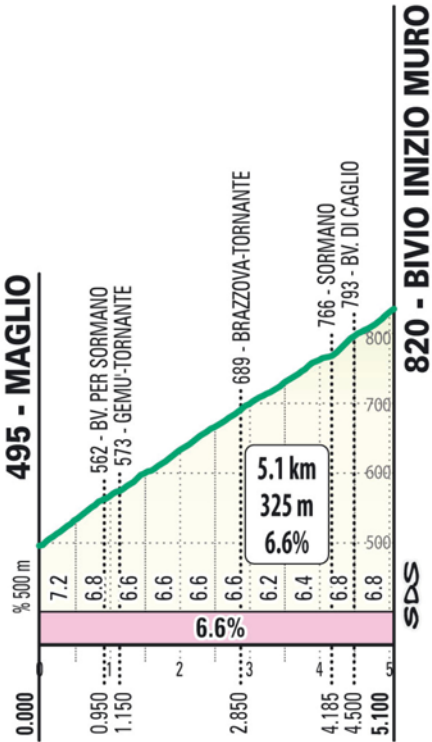
ALTIMETRY

MURO DI SORMANO

1.9 km - 15.8% - max 27%

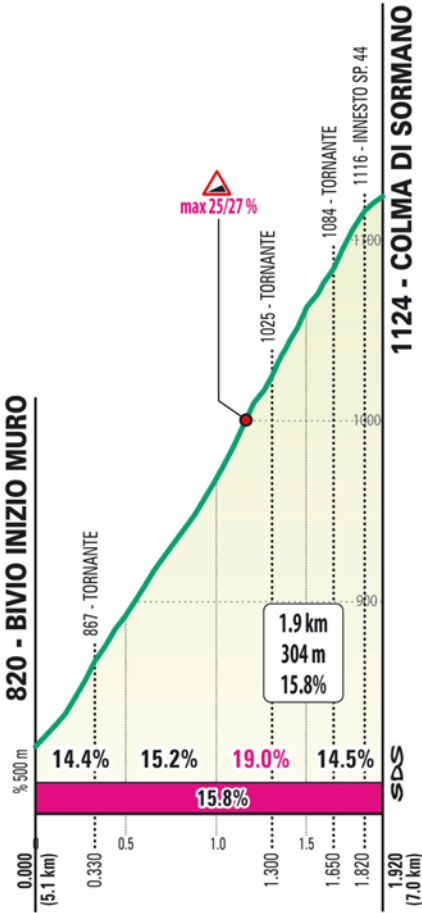


ALTIMETRY sormano



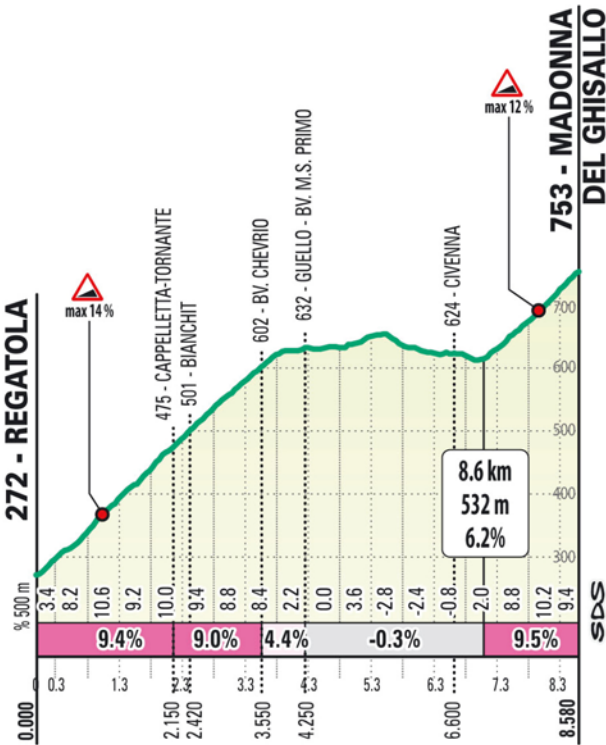
COLMA DI SORMANO

(from Maglio to start of Muro)

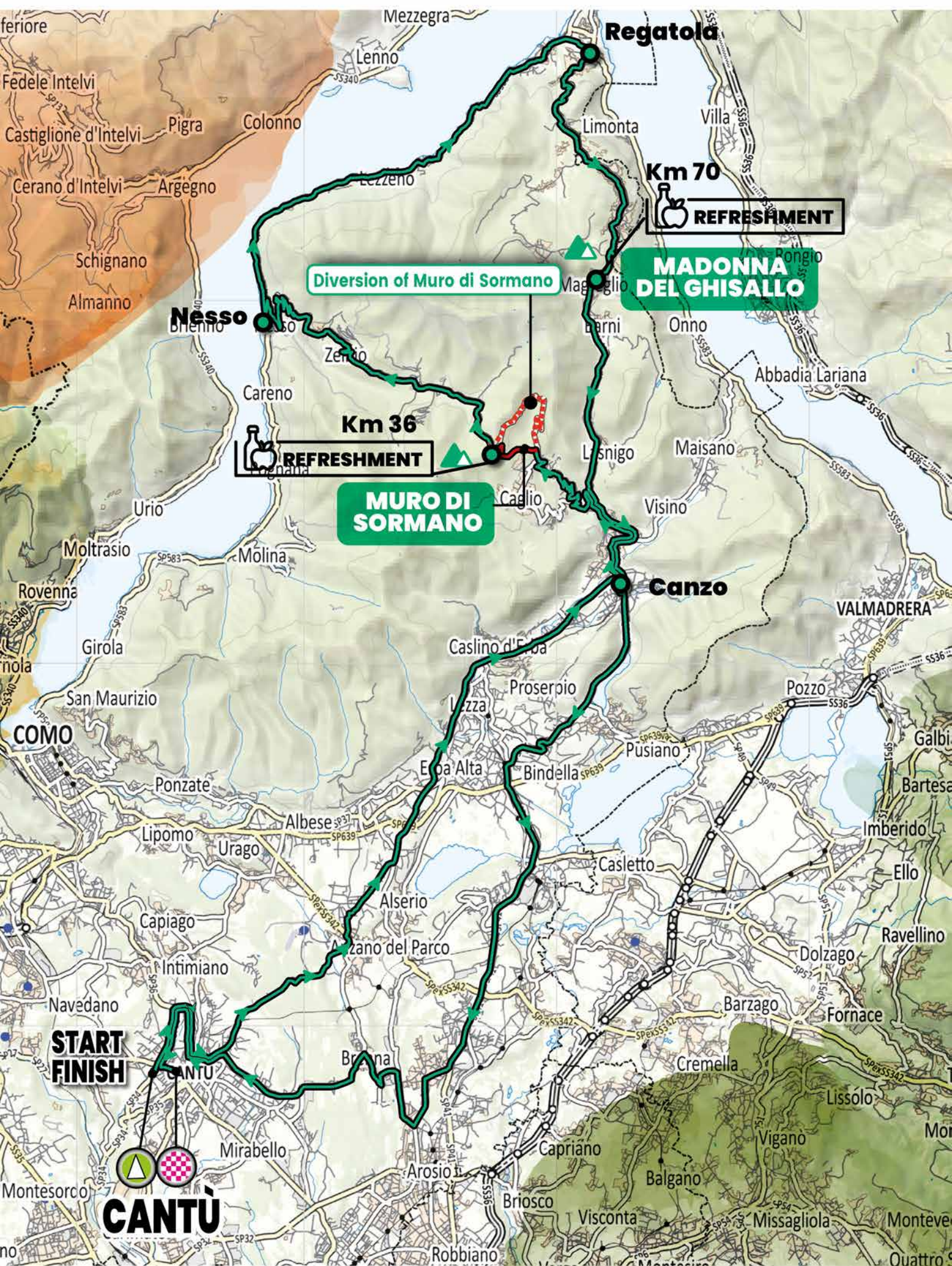


MURO DI SORMANO

ALTIMETRY ghisallo



MADONNA DEL GHISALLO



CHRONOTABLE

GRAN FONDO IL LOMBARDIA

		KILOMETER			AVERAGE KILOMETER/HOUR					
ALTITUDE	LOCATION	PARTIAL	TRAVELLED	TO GO THROUGH	16	20	24	28	32	36
PROVINCIA DI COMO										
305	Cantù - Corso Europa START	0,00	0,000	109,400	7:30	7:30	7:30	7:30	7:30	7:30
355	Alzate Brianza	9,30	9,300	100,100	8:05	7:58	7:53	7:50	7:47	7:46
342	Parravicino	3,90	13,200	96,200	8:20	8:10	8:03	7:58	7:55	7:52
363	Ponte Lambro	3,60	16,800	92,600	8:33	8:20	8:12	8:06	8:02	7:58
402	Canzo	5,30	22,100	87,300	8:53	8:36	8:25	8:17	8:11	8:07
420	Asso	1,10	23,200	86,200	8:57	8:40	8:28	8:20	8:14	8:09
495	Maglio	2,30	25,500	83,900	9:06	8:47	8:34	8:25	8:18	8:13
1124	Refreshment Colma di Sormano	7,20	32,700	76,700	9:33	9:08	8:52	8:40	8:31	8:25
802	Zelbio	6,10	38,800	70,600	9:56	9:26	9:07	8:53	8:43	8:35
285	Nesso	6,90	45,700	63,700	10:21	9:47	9:24	9:08	8:56	8:46
232	Bellagio	13,20	58,900	50,500	11:11	10:27	9:57	9:36	9:20	9:08
272	Regatola	1,40	60,300	49,100	11:16	10:31	10:01	9:39	9:23	9:11
624	Civenna	6,30	66,600	42,800	11:40	10:50	10:17	9:53	9:35	9:21
754	Refreshment Madonna del Ghisallo	2,30	68,900	40,500	11:48	10:57	10:22	9:58	9:39	9:25
495	Maglio	6,40	75,300	34,100	12:12	11:16	10:38	10:11	9:51	9:36
420	Asso	2,30	77,600	31,800	12:21	11:23	10:44	10:16	9:56	9:39
402	Canzo	1,10	78,700	30,700	12:25	11:26	10:47	10:19	9:58	9:41
360	Longone al Segrino	4,90	83,600	25,800	12:44	11:41	10:59	10:29	10:07	9:49
282	Erba	2,30	85,900	23,500	12:52	11:48	11:05	10:34	10:11	9:53
263	Merone	2,80	88,700	20,700	13:03	11:56	11:12	10:40	10:16	9:58
335	Lurago d'Erba	4,50	93,200	16,200	13:20	12:10	11:23	10:50	10:25	10:05
360	Brenna	6,80	100,000	9,400	13:45	12:30	11:40	11:04	10:38	10:17
369	Cantù - Piazza Garibaldi FINISH	9,40	109,400	0,000	14:20	12:58	12:04	11:24	10:55	10:32

PROGRAM

Saturday
october 7

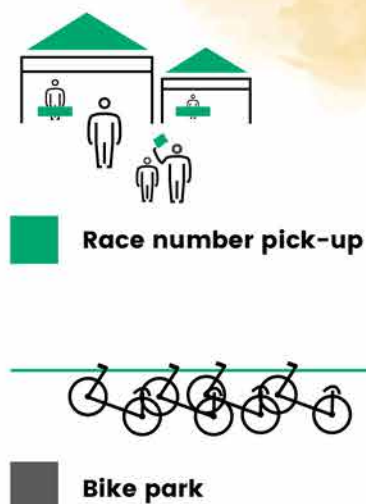
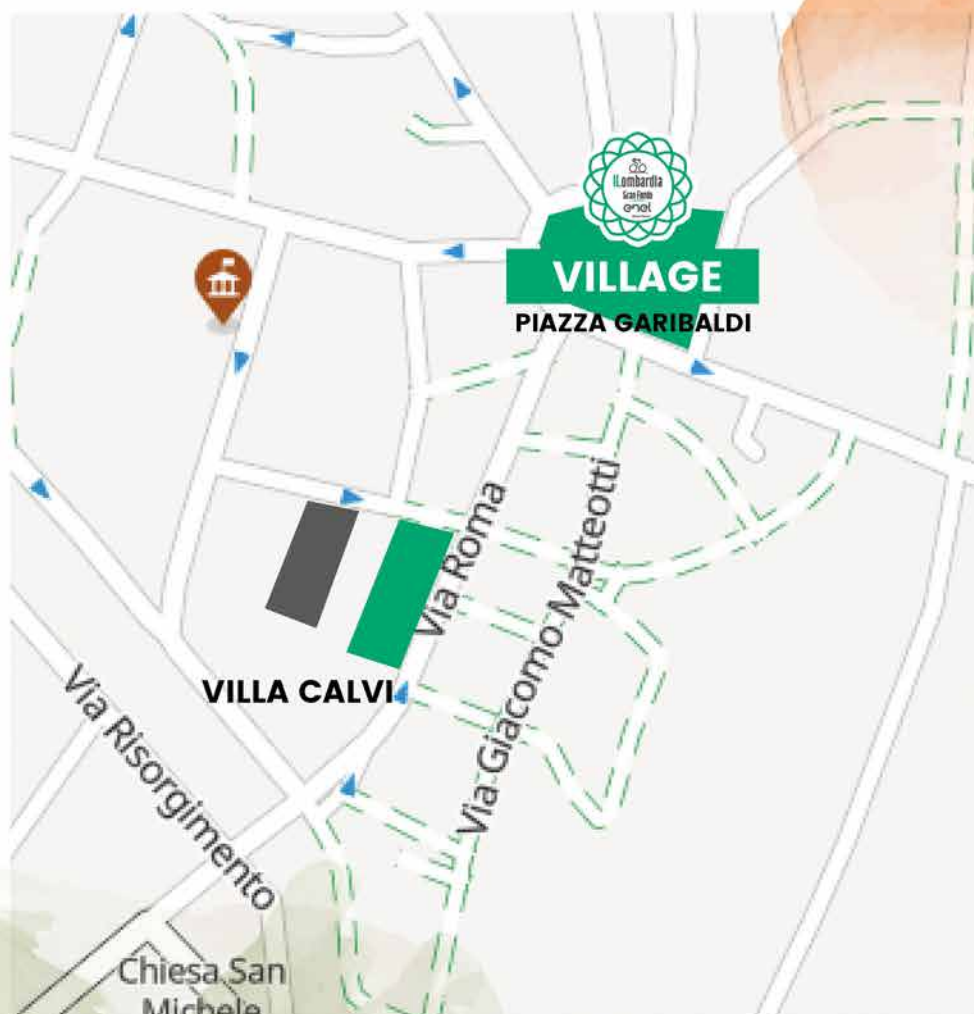
VILLA CALVI,
Via Roma 8,
Cantù (CO)

9:30

Race Number pick-up and new registration for Gran Fondo Il Lombardia at VILLA CALVI, Via Roma 8, Cantù (CO) with BIKE PARK and opening of VILLAGE

19:00

VILLAGE, BIKE PARK and race number pick-up closing time





RACE NUMBER PICK UP

**October 7**

from 9.30 to 19.00

**VILLA CALVI** Via Roma, 8
22063 Cantù (CO)

It will not be possible to collect the race numbers on the race day.

IT WILL BE POSSIBLE TO DELEGATE THE RACE NUMBER PICK UP

DOWNLOAD THE FORM HERE 



BIKE PARK



THE BIKE PARK IS SUBJECT TO AVAILABILITY.

Do you have
a UCI Cycling
License?

YES

REMEMBER TO BRING:

- THE MEMBERSHIP CARD VALID FOR 2023
- THE MEDICAL CERTIFICATE FOR COMPETITIVE CYCLING EVENTS VALID ON OCTOBER 8TH
- YOUR ID

NO

REMEMBER TO BRING:

- THE MEDICAL CERTIFICATE FOR COMPETITIVE CYCLING EVENTS VALID ON OCTOBER 8TH
- YOUR ID

GO TO THE DAILY LICENCE DESK



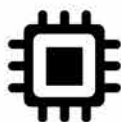
DAILY LICENSES

If you did not buy a daily license during the registration process, you can purchase it cash onsite, the cost is 10 euro.

Remember to follow the DAILY LICENSES signs.



CHIP & JERSEY



If you are interested in renting a chip, the cost of the rental is 10 euro, out of which 5 euro are returned at the end of the race once the chip is handed back in.

Also this cost can be paid only cash.



The size of the Castelli shirt that will be given to each participant is the one indicated during registration.

NEW 2023 MEDAL

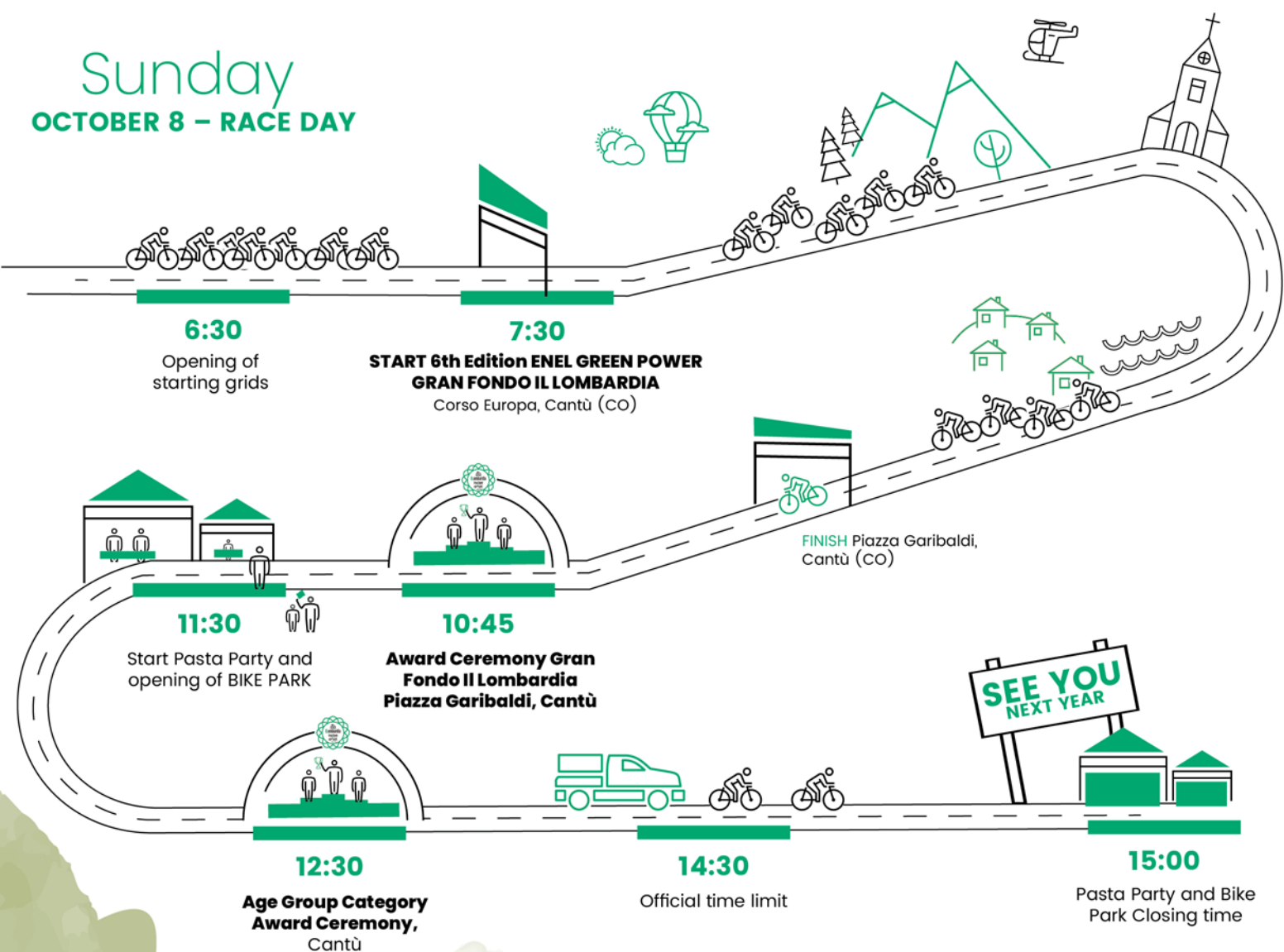
For the first time, the Gran Fondo Il Lombardia will award a medal to the runners who cross the finish line.

THE ALTITUDE OF THE RACE has been carved inside a metal ring, a GRAPHIC CHOSEN DIRECTLY BY THE FOLLOWERS THROUGH A CONTEST LAUNCHED ON THE INSTAGRAM PROFILE @GFILOMBARDIA.



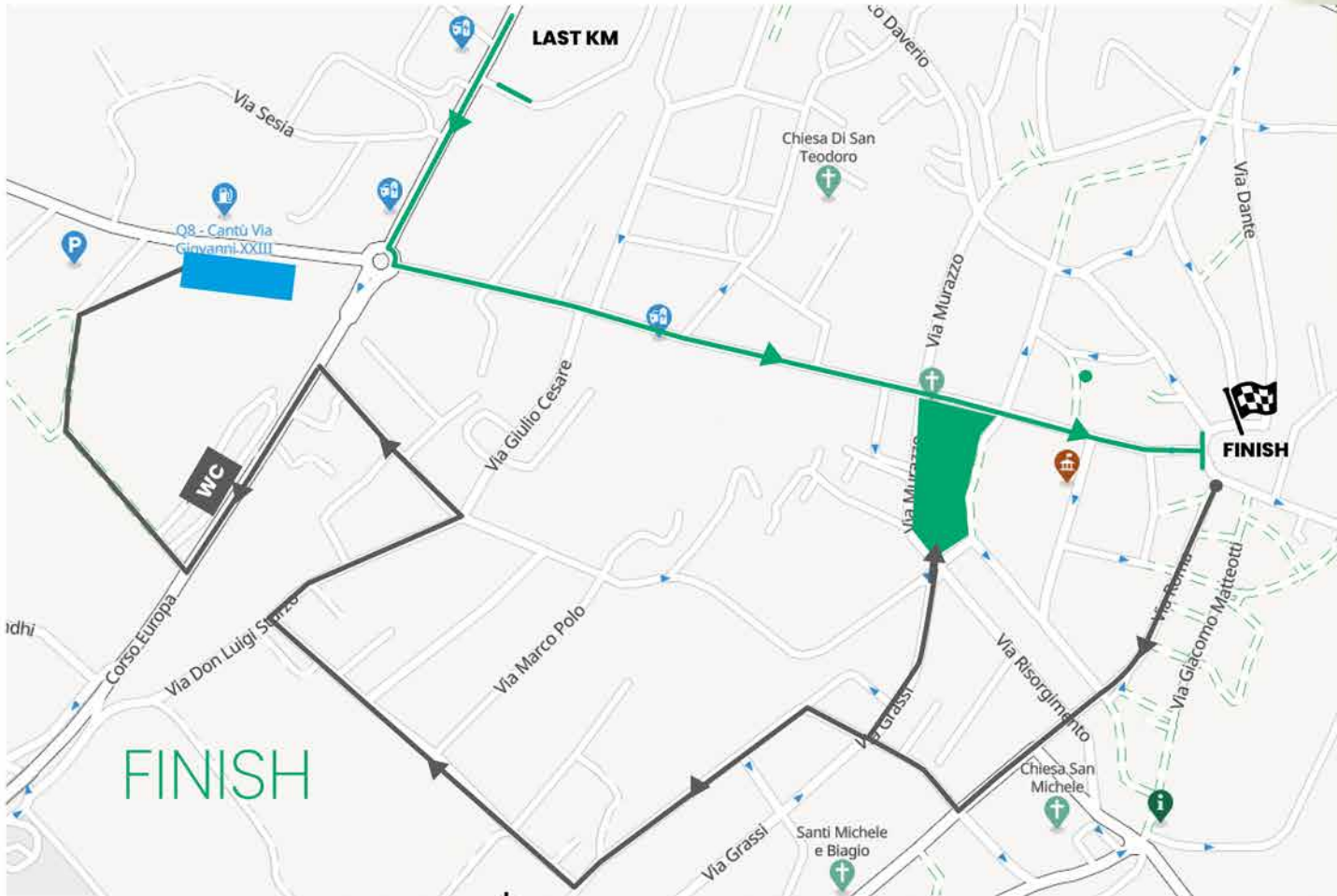
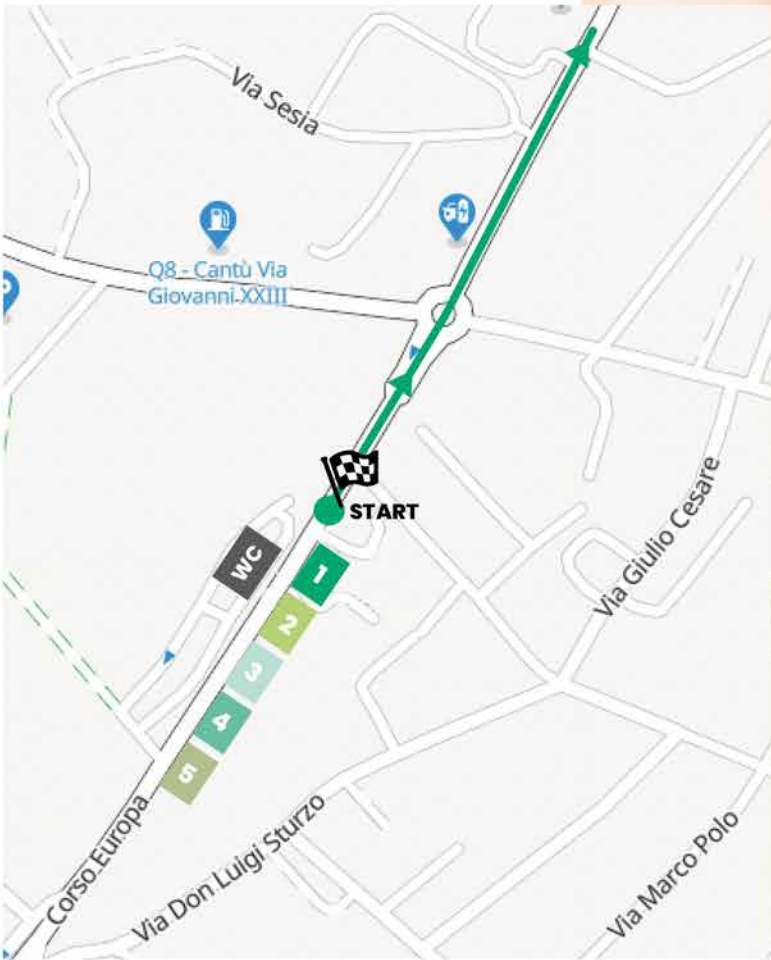
PROGRAM

Sunday
OCTOBER 8 – RACE DAY



START

GRID	START NUMBER
1	1 - 200
2	201 - 400
3	401 - 1000
4	1001 - 1800
5	1801 - 2600





**Pasta Party & Bike park
CHIP return**

**Showers and
changing rooms**



Race route

**Return path for pasta party
and showers**



Time limit

7 hours

by 14.30 of October 8, 2023.



End of race

The vehicle with the sign "FINE GARA CICLISTICA" establishes the end of the road closure. The athletes overtaken by the "end race" car will continue the race as normal cyclists and must observe the traffic laws keeping the race number on their back.

End of the event



The vehicle with the sign "FINE MANIFESTAZIONE", follows the last participant and establishes the closure of the entire event within the maximum of 7 hours, as the race regulations.



WAY BACK TO SHOWERS AND PASTA PARTY

After the finish, we strongly advise to follow the way back indicated from Piazza Garibaldi to the showers and Pasta Party taking street VIA ROMA from Piazza Garibaldi, following the signs and the event personnel indication.



EMERGENCY NUMBER
+39 337 1643577



CHANGING ROOMS – SHOWERS



Sunday

October 8

from 10.00 to 15.00

Centro sportivo ASD Cantù San Paolo

Via Papa Giovanni XXIII, 3,
22063 Cantù CO

PASTA PARTY



Sunday

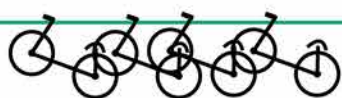
October 8

from 11.30 to 15.00

Piazza del Mercato

Piazza Guglielmo Marconi,
22063 Cantù (CO)

BIKE PARK



THE BIKE PARK IS SUBJECT TO AVAILABILITY.



BROOM SERVICE

A broom wagon service will be operative at the back of the race.

We remind that the bicycles of the riders that are collected will be deposited at the BIKE PARK in Piazza del Mercato/Piazza Marconi as soon as the vehicles return.

It will be possible to collect the bicycles based on the race number corresponding to the race number fixed on the bicycle and an ID document.

RESPECT



During the race we invite you to **RESPECT THE ENVIRONMENT AND PERSONNEL** that decided to give up their Sunday to allow you to have an unforgettable experience.



OFFICIAL PHOTOS

Thanks to Pica you will be able to purchase your photos at the Gran Fondo Il Lombardia immediately via your smartphone!

HOW DOES IT WORK:

1. Take part in the Gran Fondo Il Lombardia making sure that the race number is clearly visible
2. Go to getpica.com and create your account
3. Enter the 9-digit code printed next to the race number
4. View your photos and share them with friends





03/03/2024

SIENA

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THE LEGEND

ISCRIVITI



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PARTNER



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INSTITUTIONAL PARTNER



Have a great gran fondo!